



Ambra Day Spa

Ambra Day Spa
Time for you.

SPA&WELLNESS

In the Rose Garden Ceremony /100 min./	360 zł
In the Rose Garden Ceremony For Two /100 min./.....	590 zł
<i>(Includes body peeling with Damascus Rose fragrance and dried rose petals, relaxing and nourishing bath with rose and goat milk extracts, and relaxing body massage. The oil for massage contains rose extracts, soya oil, olive oil, sweet almonds oil and avocado oil.)</i>	
Ambra Day SPA Ritual /90min./	260 zł
<i>(Includes all body peeling and body massage with selected warm oil)</i>	
Ambra Day SPA Ceremony/100 min./	320 zł
<i>(Includes all body peeling, body and feet massage with selected warm oil)</i>	
Treasures of Morocco Body Ritual /120min./	290 zł
<i>(The treatment begins with the washing of the skin with black soap from olive oil, rich in vit. E. Next, we make a smoothing scrub with glove Kessa. In this way refreshed skin we sheath with a warm poultice with a unique clay Ghassoul, rich in valuable macro- and microelements. During the last stage, the body is thoroughly massaged with argan oil.)</i>	
Treasures of Morocco Face Ritual /45min./	150 zł
<i>(The ritual starts with gently washing the skin with mineral water and black soap with olive oil, then we put a soothing, rich in micro and macronutrients China clay. The treatment concludes with relaxing massage with argan oil of the face, neck and décolletage.)</i>	
Treasures of Morocco Ceremony 150min./	390 zł
<i>(The combination of body ritual and face ritual „Treasures of Morocco”)</i>	
Aroma massage face & body /80 min./	240 zł
<i>(Includes anti-aging face massage and relaxing body massage on individually selected warm oil.)</i>	
Aroma massage face & body & feet /110 min./	320 zł
<i>(Deeply relaxing massage of face, body and feet on individually selected warm oil.)</i>	

BODY TREATMENTS

Summer Breeze	280 zł
Honey & Vanilla	280 zł
Chocolate Euphoria	280 zł
Watermelon Fruit	280 zł
All body peeling (sugar or salt scrub)	129 zł
All body peeling (in treatment)	109 zł

TANNING TREATMENT

Fake Bake – all body.....	199 zł
Fake Bake – partial	159 zł

DECLÉOR BODY RITUALS

Aroma – massage

100% natural treatment. Relaxing body massage combined with aromatherapy. Signs of daily stress in the body disappear.

Price: 220 zł / 50 minutes

Price: 280 zł / 1 h 20 minutes

Aroma – massage (intensive comfort)

Relaxing-regenerating whole body massage combined with aromatherapy. The sensual aromatherapy lotion used during the ritual is created from an exclusive cocktail of natural essential oils, which helps relieve tension and stress and regain full harmony. The nourishing and regenerating mask gently warms the skin during massage, providing an extraordinary sensation. Active ingredients in the products make the skin perfectly hydrated, light and velvety smooth.

Price: 290 zł / 1 h 20 minutes

Aroma Blend

Individually tailored to the needs of the client, the massage models the silhouette and influences the emotions with aromatherapy. The ritual was created to combat the most frequently occurring imperfections on our body. A personalized blend of products can add energy, relax and relax or harmonize our mind.

Slimming

It fights cellulite, accelerates the process of burning fat and toxins removal from the body.

Price: 290 zł / 50 minutes

Firming

It improves skin tension, accelerates the regeneration process, and stimulates collagen and elastin production.

Price: 290 zł / 50 minutes

Escape to Madagascar

Sensual dream brings us to a unique island. The ritual is based on energetic massage and celebrates the diversity of Madagascar's landscape - terrain, climate, wild flora and fauna, and culture of the locals. Reduces tension and stress. The body is full of energy, and the mind is soothed.

Price: 220 zł / 50 minutes

DECLÉOR FACE RITUALS

Harmonie Calm

Intensive, soothing ritual with rose and algae extracts. A ritual designed for sensitive and reactive skin. It has a soothing and smoothing effect. It soothes the feeling of tightened skin and reduces erythema. The ingredients contained in the products strengthen the walls of blood vessels and restore the skin's natural defense mechanisms.

Price: 340 zł / 90 minutes (Ritual for face, neck, décolletage)

Price: 390 zł / 120 minutes (Ritual for face, neck, décolletage, back)

MASSAGE

Massage for couples with bouquet of flowers – ideal gift for lovers /50 min./.....	380 zł
Relaxing massage with bouquet of flowers – ideal gift /50 min./.....	250 zł
Hot butter massage /50 min./	180 zł
Hot butter massage /30 min./	140 zł
Candle massage /50 min./	200 zł
Hot stones massage /75 min./	250 zł
Hot shells massage /50 min./	200 zł
Exotic stamp massage /50 min./	200 zł
Relaxing body massage with royal bamboo /50 min./	200 zł
Tonifying body massage with celestial spheres /50 min./	200 zł
Detoxifying body massage with exotic wood stones /50 min./	200zł
Firming body massage with heavenly cococups /50 min./.....	200zł
Slimming massage /50 min./	190 zł
Slimming massage /30 min./	140 zł
Chinese cup massage /50 min./	190 zł
Chinese cup massage /30 min./	140 zł
Vital-aromatherapy massage /50 min./	180 zł
Vital-aromatherapy massage /30 min./	140 zł
Hot chocolate massage /50 min./	190 zł
Hot chocolate massage /30 min./	150 zł
Relaxing feet massage /30 min./	90 zł
Hands massage 20min./	45 zł
Candle hands massage /20 min./	60 zł

AROSHA TREATMENTS (BANDAGES) FOR BODY (ANTI-CELLULITE, SLIMMING AND MODELING PROGRAMS)

The bandage treatment is designed to combat skin tension, overweight, stretch marks, cellulite, "orange peel".

Bandages used for the treatment:

- Aqua drain - bandages that help to remove stagnant fluids and toxins from the body, they fight against the symptoms of cellulite. They support lymphatic drainage. Active Ingredients: Dead Sea Salt, Lactic Acid.
- Slim Cel - bandages soaked with active ingredients that eliminate accumulated water and remineralizes the skin. They dissolve fatty deposits, reducing the perimeter of the treated area. Slim Cel helps fight cellulite. Active ingredients: caffeine, escin, guarana extract.
- Lipo Cel - bandages soaked with active ingredients. A treatment designed to combat localized cellulite. The combination of caffeine, L-carnitine and phosphatidylcholine gives the effect of dissolving the fat cells and reducing the circumference of the areas undergoing treatment.

Price: 220 zł - single body treatment

Price: 760 zł – package of 4 body treatments

Price: 1440 zł – package of 8 body treatments

Price: 70 zł – brush for dry massage

AROSHA LIFTING UP FOR BUST AND DECOLLETAGE PROGRAM

The latest treatment set designed for the remodeling of the bust and the neckline. It improves the appearance of the bust, shapes its shape, enlarges - up to one size!

Active concentrates will instantly fill, carve, and raise the bust. The series of treatments creates a lifting micro mesh - "invisible brassiere", providing a quick push-up effect. This treatment effectively combats the symptoms of falling, loss of firmness and elasticity of the bust. It enlarges the breasts giving them a beautiful and round shape, as well as improves the elasticity and smoothness of the skin.

Price: 200 zł

RELAXATION AND NURSING BATHS

Aromatic bath for two

Romantic, in the candlelight bath for two in the large bath, mixed with aromatherapy and hydromassage. During this detoxifying bath, we use herbal Kurland bags with sea salt and rose petals.

Duration: 20 minutes

Cost: 180 zł

Herbal bath

During this bath, we use the organza pouches, that includes a combination of soothing herbs, aromatic flowers and salt crystals. There are few types of mixed herbs to choose.

Duration: 20 minutes

Cost for one person: 150 zł

Cost for a couple: 180 zł

Cleopatra bath

This beautifully scented bath with goat milk and milk proteins soothes skin irritation and nourishes the skin. It makes your skin moisturized and soft. After bath the skin smells like rose.

Duration: 20 minutes

Cost for one person: 150 zł

Cost for a couple: 180 zł

Relaxing lavender bath

The aromatics from lavender oil calm the nervous system. The scent of the lavender oil calms, soothes the effects of emotional stress and nervous tension and helps falling asleep.

Duration: 20 minutes

Cost for one person: 150 zł

Cost for a couple: 180 zł

BASIC TREATMENTS

Hand made face cleansing treatment with cream mask.....	200 zł
Hand made face cleansing treatment with algae mask / micronized algae mask	220 zł
Hand made back cleansing treatment with cream mask / micronized algae mask	220 zł

ADDITIONAL TREATMENTS

Cavitation peeling (in treatment).....	50 zł
Face massage.....	90 zł
Face massage with ampoule.....	100 zł
Algae mask (face).....	90 zł
Algae mask (neck + neckline).....	99 zł
Collagen	99 zł
Collagen eye pads.....	90 zł

FACE TREATMENTS

Maria Galland

Moisturizing cocoon – deep moisturizing and care.....	320 zł
Banquet cocoon – firming and lifting treatment with eye care.....	390 zł
Regenerating cocoon – nourishing and stimulating treatment.....	320 zł
Modelling treatment with gypsum mask.....	390 zł
Thalasso – soothing treatment for sensitive and capillaries skin with algae mask	320 zł
Thalasso – cleansing treatment with algae mask	320 zł
Lift Expert – innovative firming treatment.....	390 zł
Beautiful look - a rejuvenating treatment around the eyes (extra/during the facial).....	169zł/149zł

Skeyndor

Programmes for face /treatments in coffers/

All programmes include welcome ritual, relaxing massage of face, neck, décolletage and hands.

Timeless prodigy – global anti-aging programme based on growth factors, stem cells and white truffle extract	600 zł
Global lift – lifting programme, improves face oval	390 zł
Eternal – firming programme with stem cells	350 zł
Corrective – anti-wrinkle programme, botox like	350 zł
Aquatherm – soothing programme for sensitive skin	290 zł
Power Retinol – intensive regenerating programme, against photoaging	290 zł
Power Hialuronic – intensive hydrating programme with hyaluronic acid	290 zł
Power Hialuronic - eyes & eyelashes	190 zł
Power C + - brightening and antioxidant programme	290 zł
Power Oxygen – cleansing, detoxifying and oxygenating the skin.....	300 zł
Intensive hydrating treatment for men	350 zł
Intensive anti-wrinkle treatment for men	350 zł

Composed treatments

Natural defence – hydrating and anti-aging treatment	199 zł
Treatment for sensitive skin based on thermal water	199 zł
Essential – treatment for mixed and oily skins	199 zł

Chemical peeling

MANDELIC ACID

Mandelic acid	200 zł
Mandelic acid (hands)	100 zł
Mandelic acid – 4 treatments package	700 zł

FERULAC PEEL BOOSTER

Ferulac Peel Booster (face)	320 zł
Ferulac Peel Booster (face + neck)	340 zł
Ferulac Peel Booster (face + neck + décolletage)	350 zł
Ferulac Peel Booster (hands)	250 zł

FERULAC CLASSIC + VIT. C

Ferulac Classic + Vit. C (face + neck)	290 zł
Ferulac Classic + Vit. C (face + neck + décolletage)	320 zł

SALICYLIC ACID

Salicylic acid (face)	190 zł
Salicylic acid (face + neck)	230 zł
Salicylic acid (face + neck + décolletage)	250 zł
Salicylic acid (back)	200 zł

MELASES TRX BOOSTER PEEL

Melases TRX Booster Peel (face + neck)	290 zł
Melases TRX Booster Peel (face + neck + décolletage).....	320 zł

TECHNOLOGY

GeneO+

GeneO+ + Neomassage (face + neck + décolletage)	300 zł
GeneO+ + Tripollar + Neomassage (face + neck + décolletage)	490 zł
GeneO+ + Neomassage (face + neck + décolletage) – 4 treatments package	1000 zł
GeneO+ + Neomassage (face + neck + décolletage) – 6 treatments package	1380 zł

Tripollar RF

Radio frequency – skin tightening and wrinkle reduction.

Tripollar + Neomassage (face + neck + décolletage)	280 zł
GeneO+ + Tripollar + Neomassage (face + neck + décolletage) – 4 treatments package.....	1800 zł
GeneO+ + Tripollar + Neomassage (face + neck + décolletage) – 6 treatments package.....	2390 zł

Cavitation & Ultrasounds

Cavitation peeling (in treatment)	50 zł
Cavitation peeling + ampoule + ultrasounds + micronized algae (face)	200 zł
Cavitation peeling + ampoule + ultrasounds + cream mask (face)	180 zł
Cavitation peeling + ampoule + ultrasounds + algae mask (face)	200 zł
Cavitation peeling + ampoule + ultrasounds + micronized algae (face+neck+decolettage).....	220 zł
Cavitation peeling + ampoule + ultrasounds + cream mask (face+neck+decolettage).....	200 zł
Cavitation peeling + ampoule + ultrasounds + algae mask (face+neck+decolettage)	220 zł
Cavitation peeling + ampoule + ultrasounds (face+neck+decolettage) + collagen (face).....	260 zł

Diamond microdermabrasion

Diamond microdermabrasion + mask (face)	250 zł
Diamond microdermabrasion + mask (face + neck)	300 zł
Diamond microdermabrasion + mask (face + neck + décolletage)	350 zł
Diamond microdermabrasion + mask (back).....	350 zł
Diamond microdermabrasion + mask (1/2 back).....	250 zł
Package for face – MINI: 4 treatments	800 zł
Package for face – MAXI: 6 treatments	1150 zł

Cryolift

Cryolift (face + neck + décolletage)	350 zł
Cryolift (face + neck)	300 zł
Cryobust (bust)	300 zł
Cryolift – 6 treatm. package (face + neck + décolletage)	1500 zł
Cryolift – 4 treatm. package (face + neck + décolletage)	1200 zł
Cryolift – 4 treatm. package (face + neck)	1000 zł

No-needle Mesotherapy

No-needle mesotherapy	390 zł
4 treatments package	1400 zł
6 treatments package.....	2000 zł

Endermologie™

Endermologie	120 zł
5 treatments package	550 zł
10 treatments package.....	1000 zł
15 treatments package + suit for free	1450 zł
Suit	90 zł

MANICURE & PEDICURE

All metal accessories are sterilized in autoclave.

Manicure

Manicure	60 zł
Manicure + nails painting	70 zł
Manicure SPA	70 zł
Manicure SPA + nails painting	79 zł
Manicure milk&honey	80 zł
Manicure milk&honey + nails painting	89 zł
Manicure Deluxe (manicure, peeling, paraffin bath)	80 zł
Manicure Deluxe + nails painting	89 zł
Japanesse manicure.....	70 zł
Hybrid manicure + nails painting	110 zł
Hybrid manicure + french painting / ombre / baby boomer	130 zł
Hybrid removal	30 zł
Hybrid painting without manicure	65 zł
SPA hands treatment	49 zł
Warm paraffin bath for hands	59 zł
Regenerating gloves	49 zł
Nails painting /without manicure/	30 zł
Nails shaping	20 zł
Nails extension with manicure	180 zł
Gel cover with manicure	150 zł
Refill with manicure	120 zł
Replacement or 1 nail extension	18 zł
Gel removal	85 zł
Zirkons 1–5 pcs.	3 zł
Nails decoration (simple)	from 5 zł / nail
Nails decoration (fancy)	from 10 zł / nail
IBX – extra	30 zł
IBX – for manicure / pedicure	25 zł
IBX – next treatments	15 zł
Protein base	15 zł
Mermaid effect	10 zł
Chameleon effect	20 zł
Mirror effect	15 zł

Pedicure

Pedicure	100 zł
Pedicure + nails painting	120 zł
Pedicure SPA	130 zł
Pedicure SPA + nails painting	140 zł
Pedicure SPA + gel color / gel color french	180 zł/195 zł
Pedicure milk&honey	140 zł
Pedicure milk&honey + nails painting	150 zł
Pedicure milk&honey + gel color / gel color french	190 zł/205 zł
Japanesse pedicure	120 zł
Hybrid pedicure (one color painting)	150 zł
Hybrid pedicure (french painting)	160 zł
Hybrid painting /without pedicure/	50 zł
French hybrid painting /without pedicure/	65 zł
Hybrid removal	30 zł
Pedicure + gel cover	190 zł
Gel refill	110 zł
Gel removal	85 zł
Foot SPA	70 zł
Warm paraffin bath for feet	79 zł
Pedicure VIP – relax zone with Shiatsu massage only for you	+ 40 zł

MAKE-UP AND EYELASHES STYLING

Day make-up	100 zł
Evening make-up	130 zł
Wedding make-up	150 zł
Bunch of lashes /piece/	4 zł
Artificial lashes	45 zł
Eyelashes extension (Hypnotizing by Secret Lashes).....	350 zł
Express/minor/complete follow-up.....	60 zł/ 160 zł/ 200 zł
Eyelashes removal.....	80 zł

ADDITIONAL SERVICES

Dyeing of eyebrows	25 zł
Dyeing of eyelashes	30 zł
Eyebrows shaping	20 zł
Dyeing of eyebrows and eyelashes + shaping.....	60 zł
Eyebrows waxing	25 zł
Eyelashes perming set.....	99 zł
Piercing (earings included)	129 zł
One ear piercing (earring included)	90 zł
Earrings	od 49 zł

WAX DEPILATION

WOMEN:

Top lip	25 zł
Chin	20 zł
Neck	30 zł
Sideburns	20 zł
Face waxing (top lip, chin, sideburns)	55 zł
Armpits	45 zł
Arms	65 zł
Half arms	45 zł
Stomach	40 zł
Calves	69 zł
Thighs	79 zł
Legs	120 zł
Legs + bikini line.....	150 zł
Back line	35 zł
Classic bikini (bikini line).....	69 zł
Brazilian bikini (deep partial) / Bikini Hoollywood (whole).....	119 zł
Stomach line	25 zł
Buttocks	49 zł

WAX DEPILATION

MEN:

Chest	80 zł
Back	100 zł
Half back	50 zł
Back + arms	125 zł
Stomach	40 zł
Chest + stomach	100 zł
Hands	65 zł
Legs	120 zł
Neck	45 zł

TREATMENTS FOR CHILDREN

Fruit massage /20 min./	80 zł
Hands fruit massage /15 min./	30 zł
Feet fruit massage /15 min./	60 zł
Princess manicure /25 min./	40 zł
Princess pedicure /30 min./	70 zł
Washable tattoo.....	20-50 zł
Piercing (earings included)	129 zł

DAY SPA AREA IN AMBRA DAY SPA

You are welcome to a place, where time flies in different rythm. All packages and treatments for two are performed in this area. You will receive disposable underwear, flip-flops, dressing-gown, and towels. In the room, where the treatments from package and for couples are performed, you can also take a relaxing, aromatic bath. After that, you can rest in relax area and have a cup of delicious tea or coffee.

Packages

Day of Beauty	650 zł
Exclusive Day of Beauty	800 zł
Royal Day of Beauty	900 zł
Relax & Regeneration	590 zł
For Two	770 zł
Exclusive For Two	1000 zł
For Men	600 zł
Mother and Daughter	550 zł
A mummy-to-be	550 zł
Young Mother	750 zł
Just Married	800 zł
Package for Friends	600 zł

Day of Beauty

- face treatment chosen after skin diagnostic,
- body treatment (body peeling, body mask, lotion),
- manicure with nails painting,
- pedicure with nails painting,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 4,5 h

Price: 650 zł

Exclusive Day of Beauty

- face treatment chosen after skin diagnostic,
- intensive collagen eyes contour treatment,
- "In the Rose Garden" Ceremony,
- milk&honey manicure with nails painting,
- milk&honey pedicure with nails painting,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 5 h

Price : 800 zł

Royal Day of Beauty

- specialistic face treatment chosen after skin diagnostic or highly advanced treatment with technology (for example: No-Needle Mesotherapy TMT System, Cryolift, Geneo+, Tripollar),
- "In the Rose Garden" Ceremony,
- milk&honey manicure with nails painting,
- milk&honey pedicure with nails painting,
- hands massage,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 5 h

Price: 900 zł

Relax & Regeneration

- face treatment chosen after skin diagnostic,
- intensive collagen eyes contour treatment,
- Ambra Day Spa Ritual (body peeling + 50-minutes body massage),
- feet massage,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 3 h

Price: 590 zł

For Two

- exotic body massage for both,
- face, neck, decolettage massage for both,
- hands massage,
- aromatic bath for two,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 3 h

Price: 770 zł

Exclusive For Two

- vital-aromatherapy body massage for both,
- face treatment chosen after skin diagnostic for both,
- intensive collagen eyes contour treatment for both,
- aromatic bath for two,
- hands massage,
- relax with a cup of delicious tea or coffee in relax area.

Duration: 3 h

Price: 1000 zł

For Men

- face treatment chosen after skin diagnostic dedicated for men,
- intensive collagen eyes contour treatment,
- back peeling,
- vital-aromatherapy body massage,
- hands massage,
- relax with a cup of delicious tea or coffee in relax area.

Duration: 3h

Price: 600 zł

Mother and Daughter

- face massage with ampoule for Mother,
- face massage with cream for Daughter,
- milk&honey manicure with nails painting for Mother,
- Spa manicure with nails painting for Daughter,
- relaxing back massage for Mother,
- chocolate back massage for Daughter,
- relax with a cup of delicious tea or coffee in relax area.

Duration: 2,5 h

Price: 550 zł

A mummy-to-be

- face treatment chosen after skin diagnostic,
- intensive collagen eyes contour treatment,
- Spa manicure with nails painting,
- Spa pedicure with nails painting,
- relaxing feet massage,
- hands massage,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 4 h

Price: 550 zł

Young Mother

This package is dedicated for Ladies, who gave birth to a child more than 2 months ago.

- face treatment chosen after skin diagnostic,
- intensive collagen eyes contour treatment,
- firming or relaxing complex body treatment,
- milk&honey manicure with nails painting,
- milk&honey pedicure with nails painting,
- hands massage,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 5h

Price: 750 zł

Just Married

- „Chocolate Delight" – 50-minutes hot chocolate body massage for both,
- face treatment chosen after skin diagnostic for both,
- SPA hands treatment,
- relax with a cup of delicious tea or coffee in relax area.

Duration: about 3 h

Price: 800 zł

Package for friends

- aromatic sugar peeling for both,
- body massage on selected butter for both,
- hands spa treatment with massage for both.

Duration: about 2 h

Price: 600 zł